



**Mission:** "Community members collaborate to educate, prevent and reduce youth substance use in Winnebago County."

**Vision:** Winnebago County will be a safe and substance abuse free environment for youth

### WCTF Meeting Minutes

October 20, 2016

Location: Lake Mills High School

Present: Jim Scholbrock, Krista Tegland, Meagan Wentz, Libby Myer, Jason Ramaker, Ken Baker, Cassy Smith, Rhonda Schriever, Makayla Kingland, Ron Kvale, Lori Eekhoff, Kalin Knudtson, Jordan Ostrander, Steve Hepperly, Libby Heagel, and Adam Sauer.

Meeting was called to order by Jason Ramaker. Introductions were made. Introduction of Heidi B from Epiphany community services via phone.

Review/Approve of September 15, 2016 meeting minutes: Approved as written by Rhonda Schriever and Seconded by Ron Kvale. Motion carried and approved.

1. Program Director/Project Coordinator Update:
  - a.) Drug take back day October 22. Prescription drug lock boxes will be handed out. Brown boxes will be dropped back off to sheriff's department following the event by Matt Holmquist and Jason Miller.
    - a. Miller Pharmacy (FC) Krista 8:30-12:00
    - b. Sheriff's Dept (FC) 10:00-2:00 (lock boxes will not be handed out from this location)
    - c. Buffalo Center City Hall 10:00-1:00 Matt, Libby and Cassy Smith
    - d. Lake Mills PD 10:00-2:00 Rhonda Schriever
  - b.) Red Ribbon Week 2016:
    - a. North Iowa – Dress- up days, coloring contest, door contest, high school mentoring for younger youth, assembly
    - b. Lake Mills – Public Health, LMPD, and WCTF will present for youth 6-8<sup>th</sup> grade on 10/27
    - c. Forest City – High Schoolers mentor 3-5<sup>th</sup> grade during guidance and Nancy Prohaska will incorporate lesson
    - d. Businesses are posting Red Ribbon Signs – please take one for your location
  - c.) ISU Extension approves using Ricochet program as part of lunch-n-learn programs for youth
  - d.) Mercy Clinic-Buffalo Center Received permanent prescription drug drop box
  - e.) Fundraiser meals –
    - a. Lake Mills – unable to find a date for this year, possibly do bake sale

- b. Forest City – all home basketball games have events already for this year
- c. North Iowa – 12/13. Form committees to help with planning and arranging volunteers for the event.
- f.) Winnebago County Tip Line – move forward with organizing a confidential tip line that can be implemented in 2017. Possible idea is have an answering machine that will take message and next duty officer can follow-up.
- g.) Reschedule November meeting because of State Prevention Training. New date: Nov 10<sup>th</sup> @ Gatsby's (Waldorf College)
- h.) Will work with Heidi B from Epiphany to increase stakeholders. She will present at each meeting 15-20mins.

## 2.) Executive Report:

- a.) For Grant year 1: 10,000.00 carry over. Will help to fund prescription lock boxes and red ribbon week.

## 3.) Local Community/County Events

a.) Local youth nights were held at Forest City and North Iowa both were successful. Still need to increase numbers. Many participating businesses that helped with donations. Students who attended had a fun time and found the experience very rewarding.

## 4.) Other Agency/Sector updates:

a.) Youth – Cassy Smith: Question on how to handle situations that arise at youth events regarding substance use among participants. Administrators agreed on calling cops and to follow what schools do in same situations. Move forward to make sure all events have someone who is comfortable handling such situation (schools will have administrators at events).

b.) Schools –

a.) Jim would like to see Lake Mill still have a youth event. Will look at utilizing a lunch to do a game day or half time contest at home games.

b.) Prime for Life will be offered again to school districts. Grant will help to cover the costs for program. Could look at getting coalition members trained to help with teaching.

c.) Waldorf is looking at bringing in a Presenter and stimulation experience for Waldorf students. Could offer to open to community and school districts. Jason will provide more information as he moves forward with this. (Concerns were brought up about negative impacts these experiences have). He will look into the research for this.

c.) Law Enforcement – Steve Hepperly will not be at Nov 10<sup>th</sup> meeting. Will email drug take back day pictures and information to Krista following the event.

d.) Prairie Ridge – Presented drug trends and Hidden in Plain Sight to EMS in BC looking to schedule others in the county (will work with Rhonda on this)

b.) PSA Contest – handed out flyer. Contest focuses on alcohol awareness and 10 coalitions will be awarded 1000.00 for social media purposes if they win.

e.) Public Health (Rhonda Schriever) –

1. Tobacco-Free/Nicotine-Free Policies: Tobacco Grant Minimum Requirements-
  - 1 Preschool/Daycare-completed in Q1

- 1). Q1: Hanson Family Life Center-policy approved 9/29/16  
Q2: Signage delivered.
  - 2). Q1: Lake Mills Community Preschool & Daycare-policy approved 9/30/16  
Q2: Three window clings for their vans on order. Metal signage/window cling delivered.
  - 3). Little Bison Childcare Center-waiting on response
  - 3 Worksites (Dental Clinics)
    - 1). Q1: Forest City Family Dentistry- policy approved 8/22/16  
Q2: Signage delivered.
    - 2). Q1: Lake Mills Family Dental- policy approved 10/12/16  
Q2: Signage delivered.
    - 3). Winter Dental-waiting on response
  - 3 Schools
    - 1). Forest City Community School/Forest City Alternative High School
    - 2). Forest City Christian School
    - 3). Lake Mills Community School
    - 4). North Iowa Community School
    - 5). Scarville Lutheran School
  - 1 College/University
    - 1). Waldorf University- waiting on policy (planning to make policy effective Jan. 1, 2017)
2. Ask, Advise, Refer (2 A's and R) Quitline Iowa Training:
    - 2 Dental Clinics-completed in Q2 (will send follow-up survey in Q3)
      - 1). Q1: Lake Mills Family Dental- 9/26/16
      - 2). Q1: Winter Dental- 9/27/16
      - 3). Q2: Forest City Family Dentistry- 10/3/16
  3. Iowa Mapper (Counter Tools):
    - Present tobacco retailer content quarterly
      - Q1- (July-Sept): presented in September
      - Q2 (Oct-Dec)
  4. Coalition Membership:Minimum requirement #4 regarding coalitions.

Currently the Smart Objective reads: Increase the number of Winnebago County coalition members from 15 to 19 members by June 30, 2017.

Q1: July-no meeting

August – 10 members present

September- 16 members present

Suggestion is to reword the Smart Objective to read: By June 30, 2017 an average of 15 members will attend the coalition's monthly meetings.

5. Monthly Quitline Iowa Poster Distribution:

Q1: (September): Added 3 more business in Lake Mills to the monthly Quitline Iowa Poster Distribution.

1. Little Bison Childcare Center
2. Bills Family Foods
3. Forest City Foods

Q2: (October): Added 2 more business in Lake Mills to the monthly Quitline Iowa Poster Distribution.

1. Main Street Pizza
2. Lake Mills Physical Therapy

5.) Binders: Each member will receive a binder to keep. Bring to each meeting. Has different sections that will help keep you updated with all areas of WCTF.

6.) Photograph taken by Lake Mills Graphic of coalition with pledge sign and lock boxes.

Board noted all the above.

Motion made to adjourn meeting by Ron Kvale and second by Ken Baker. Motion moved. Adjourned at 12:57.