

Mission: "Community members collaborate to educate, prevent and reduce youth substance use in Winnebago County."

Vision: Winnebago County will be a safe and substance abuse free environment for youth

## **WCTF Meeting Minutes**

# April 20, 2017 12-1:00 PM

# **Location: Waldorf University Ballroom**

Present: Ken Baker, Keri Bergeson, Steve Hepperly, Ron Kvale, Audrey Lewis, Jason Ramaker, Adam Sauer, Rhonda Schriever, Krista Tegland, Meagan Wentz, MaKayla Kingland, Kalin Knudtson

Meeting was called to order by Jason Ramaker. Introductions were made.

Review/Approve of February 16, 2017 meeting minutes: Approved as written by Jason Ramaker and Seconded by Meagan Wentz. Motion carried and approved.

# 1. Program Director/Project Coordinator Update:

Krista gave report of activities since February. No questions. Discussed radio ads and how they are being heard and liked, prom cards, and tree town participation.

# 2.) Executive Report:

a.) DFC Balance 74,550.00, Donations – no donations recorded, account balance 1290.70 as of 3/31/17.

# 3.) Local Community/County Events

- a.) 4/22 Forest City, Lake Mills, North Iowa Proms  $\rightarrow$  what ways can we do more next year? Cards are great!
  - b.) 4/29 Drug Take Back Day Posters provided to advertise event
  - c.) 5/14-5/20 National Prevention Week What should we do? No ideas, Krista will continue to plan
  - d.) 5/21 FC, LM, NI graduations signs and end of year letters to parents
- e.) 5/25-5/28 Tree Town (Volunteers needed to help with poster hanging on 5/24 @ 2:30 PM, Krista will send out email.

- f.) 6/13 Youth Mental Health First Aid, Flyer will be emailed. Please sign-up. Meagan provided further information. Ken noted that Forest City had a good response but was unable to finish because of weather (will work on getting rescheduled).
- g.) Support/listening groups for local students? Do we need them with tragic events that have occurred? School administrators feel no concern at this time and that school counselors have done a great job.
- h.) Local Garage Sales Make sure if you are having one or someone you know is to lock up medications so that they do not get in wrong hands.

#### 4.) Other Agency/Sector updates:

- a.) Youth MaKayla asked about middle school interaction as she is hearing a lot at that level, I mentioned end of year post cards for middle school parents and incorporating short activities into schools next year. Would also take other suggestions.
  - B.) Parents Prom cards great
  - c.) Business (not present) need to fill as Paul has retired
  - d.) Media not represented
  - e.) Schools
    - a.) Ken likes the bathroom signs, would like these every month school is in-session.
- b.) Jason noted at Waldorf his concern is mental health and that the concerns there have increased, high school admins agreed they are seeing it at their level as well.
  - d.) Youth Servicing Agency (Need filled)
- e.) Law Enforcement Steve Hepperly -Drug take back day will be at old law enforcement center, still no exact date as to when they will be moving to new office. Will keep updated.
  - f.) religious/fraternal not represented
  - g.) civic/volunteer (Ron Kvale) no new reports
- h.) healthcare Audrey: What is the best way to inform patients about pain management with opiates when they think they may need them down the road but not now? Discussion from group.
  - i.) Prairie Ridge -
  - a.) Presented the opiate information for athletes. How do we make athletes aware discussion/concerns.
- b.) Meagan and Krista working together to contact Casey's Regional Manager to try to put signs up in Casey's for Tree Town.
  - j.) Public Health (Rhonda Schriever) -

## **Tobacco Update**

(04/20/17 Mtg. @ Waldorf University)

- 1. Tobacco-Free/Nicotine-Free Policies:
  - Schools

1. 3/17/16: Met with Forest City Community School Superintendent.

Presented the IDPH model policy and sample signage, as well as suggestions for updating their current policy.

2. 3/28/17: Met with North Iowa Community School Superintendent.

Presented the IDPH model policy and sample signage, as well as suggestions for updating their current policy.

#### College/University

- 1. 3/3/17: Waldorf University TF/NF policy approved.
- 2. 3/7/17: Signage delivered.

#### Business

1. 4/18/17: Presented Winnebago County TF/NF Policy draft to Winnebago County Board of Supervisors

#### 2. Coalition Membership:

(By June 30, 2017 an average of 15 members will attend the coalition's monthly meetings):

Q1: July 2016: No meeting

August 2016 (Forest City): 10 members present

September 2016 (Buffalo Center): 16 members present (4 students)

Q2: October 2016 (Lake Mills): 16 members present (4 students)

November 2016 (Forest City): 10 members present (2 students)

December 2016 (Buffalo Center): 15 members present (2 students)

Q3: January 2017 (Lake Mills): 13 members present (4 students)

February 2017(Buffalo Center): 9 members present (3 students & 1 student visitor)

March: No meeting

# 3. 2A's & R (Ask, Advise & Refer) Training and Survey Follow-up

February- Received survey back from Forest City Family Dentistry.

**March-** Contacted Winter Dental and Lake Mills Family Dental staff regarding where they are at on completing the training.

April- Training completed with Dr. Bosacker D.D.S staff. Will send follow-up survey in June 2017.

### 4. Quitline Iowa Monthly Poster Distribution

**February**- The following 16 businesses were added to the monthly distribution list.

- Buffalo Center:
  - 1. United States Post Office
  - 2. City Hall

#### Lake Mills:

- 1. United States Post Office
- 2. City Hall
- 3. Lake Mills Community Preschool & Day Care
- 4. Farmers Trust & Savings Bank
- 5. Manufacturers Bank & Trust Company

- 6. Larson Manufacturing Co Inc
- 7. Dave's Auto Service

#### Forest City:

- 1. United States Post Office
- 2. City Hall
- 3. Public Library
- 4. North Iowa Community Action

March- The following businesses were added to the monthly distribution list.

- Buffalo Center:
  - 1. Public Library
- Lake Mills:
  - 1. Public Library
  - 2. Skellenger Building

## 5. Grant Action

- 1). February & March- Worked on application for FY18 Community Partnership RFA
- 2). April 7- Submitted Q3 Progress Report
- 5.) Secretary Position needing filled: No volunteers at this time, Meagan will check her guidelines with Prairie Ridge and report back at May Meeting.
- 6.) Activity: Break into Communities (FC/Leland, Thompson,/BC/Rake, and Lake Mills/Scarville discuss community events, where there are areas of concerns and ways that the coalition could possibly make an impact. Report back to large group.

Motion made to adjourn meeting by Jason Ramaker. Motion moved. Adjourned at 1:00 PM.